AND A LIET A ALLEY, NOA A STALLY WENDER ARREST AND A STALL ASSESSMENT

Serves 8 | PREP TIME: 5 minutes | COOK TIME: 7 minutes, plus 23 minutes to chill

This dessert bridges the gap between a no-bake cheesecake made with graham crackers and a traditional cheesecake. Here, the almond flour crust gets quick-baked, then it's topped with a creamy filling. This means you can satisfy your cravings for cheesecake in a fraction of the time it usually takes to bake a one.

2 cups almond flour

1/4 cup butter, melted

1/3 cup plus 2 tablespoons

Swerve or another

granulated non-nutritive

sweetener

1/2 teaspoon sea salt

2 (8-ounce) packages cream cheese, softened

1/2 cup heavy cream

2 tablespoons freshly squeezed lemon juice

1 teaspoon pure vanilla extract

PER SERVING

Calories: 344;

Fat: 34g;

Saturated Fat: 18g;

Sodium: 301mg;

Total Carbohydrates: 5g;

Net Carbohydrates: 4g;

Fiber: 1g; Sugar: 0g;

- 1. Preheat the oven to 350°F.
- 2. Put the almond flour, butter, 2 tablespoons of Swerve, and the salt in a food processor, and pulse a couple of times, just until integrated and the mixture starts to come together.
- 3. Transfer the mixture to an 8- or 9-inch springform pan, and use your palms to flatten it, pressing all the way to the edges.
- 4. Transfer the pan to the oven, and bake for 7 minutes, then put in the refrigerator to cool for 8 minutes.
- While the crust bakes and cools, in a large mixing bowl, combine the remaining 1/3 cup of Swerve, the cream cheese, heavy cream, lemon juice, and vanilla. Beat with an electric mixer or a wooden spoon until smooth.
- Spread the filling onto the cooled almond flour crust, and put the pan in the freezer for at least 15 minutes to firm up. Alternately, chill in the refrigerator for 1 hour before serving.